## **SKIER TYPE GUIDE**

## CLASSIFY YOURSELF

## DETERMINING YOUR SKIER TYPE IS YOUR RESPONSIBILITY!

Your Skier Type, height, weight, age and boot sole length are used by the shop technician to determine the release/retention settings for your bindings. Consult these descriptions to select your classification. Be sure to provide accurate information. Errors increase your risk of injury.



TYPE I

smooth slopes of gentle to moderate pitch. Skiers not classified as Types I or III.

TYPE

Skiers who designate themselves as Type II receive average release/ retention settings appropriate for most recreational skiing.



Fast skiing on slopes of moderate to steep pitch.

Skiers who designate themselves as Type I receive lower than average release/retention settings. This corresponds to an increased risk of inadvertent binding release in order to gain releasability in a fall. This type also applies to entry level skiers uncertain of their classification.

Skiers who designate themselves as Type III receive higher than average release/ retention settings. This corresponds to decreased releas-ability in a fall in order to gain a decreased risk of inadvertent binding release. Type III settings should not be used by skiers of less than 22 kg/48 lbs.

If you are unsatisfied with the release/retention settings that result from your classification please mention this to your binding technician.