



# Ski and Snowboard Ability Level Guide

## Ski Ability Levels

## Snowboard Ability Levels

### Level 1

I have never skied before. I want to learn how to stop and turn.

I have never snowboarded before. I want to learn how to stop and turn.

### Level 2

I can stop and sometimes turn. I want to be in control using my turns so I can go to the chairlift.

I can stop and sometimes turn on both edges. I want to be in control using my turns so I can go to the chairlift.

### Level 3

I can ski in control using my turns on green runs and I'm ready for the chair lift. I want to start skiing parallel so I can explore blue runs.

I can ride in control using my turns on green runs and I'm ready for the chairlift. I want to develop my turns to explore blue runs.

### Level 4

I can ski mostly parallel in control on blue runs. I want to ski full parallel to explore steeper black runs.

I can ride with flow using my turns on blue runs. I want to keep my flow in my turns when riding steeper black runs.

### Level 5

I can ski full parallel on all groomed runs. I want to develop high performance skiing and explore all mountain terrain.

I can ride with flow using my turns on all groomed runs. I want to develop high performance riding and explore all mountain terrain.