

**STUDENT INFORMATION FORM**  
(Parents to complete)



Student Name: \_\_\_\_\_ Student Grade: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

What do you require? Please tick all that apply:

- ) **Lessons**
- ) **Rentals**
- ) **Lift Pass**
- ) **Helmet**

If you require **Rentals**, all of the following information must be provided to allow the rentals to be ready on arrival:

**Shoe Size:** \_\_\_\_\_ (US Sizes) **Height:** \_\_\_\_\_ ft \_\_\_\_\_ inches **Weight:** \_\_\_\_\_ lbs

- Skis & Boots**
- Ski Boots Only**
- Skis Only**
- Snowboard & Boots**
- SB Boots Only**
- SB Only**

If you require **Rentals and/or Lessons**, please indicate the ski or snowboard ability level and skier type (skiers only) using the guides (page 12 & 13):

**Skier Type:** \_\_\_\_\_

**Ability Level:** \_\_\_\_\_

Please complete this form with accurate information. Any missing or inaccurate information may delay pick up of rental equipment and lesson starting times.

**Once completed, please return this sheet to the Teacher**

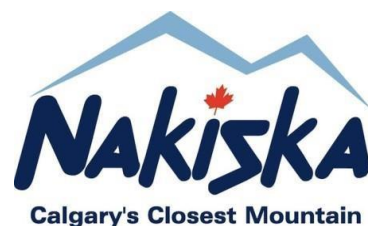
Parents Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Emergency Contact Number:

Any pre-existing medical conditions:

# ABILITY LEVEL GUIDE



Calgary's Closest Mountain

## Ski Ability Levels   Snowboard Ability Levels

### Level 1

I have never skied before. I want to learn to stop and turn.

I have never snowboarded before. I want to learn to stop and turn.

### Level 2

I can stop sometimes and turn. I want to be in control using my turns so I can go to the chairlift.

I can stop sometimes and turn on both edges. I want to be in control using my turns so I can go to the chairlift.

### Level 3

I can ski in control using my turns on green runs and I'm ready for the chairlift. I want to start skiing parallel so I can explore Blue runs.

I can ride in control using my turns on green runs and I'm ready for the chairlift. I want to develop my turns to explore blue runs.

### Level 4

I can ski mostly parallel in control on blue runs. I want to ski full parallel to explore steeper black runs.

I can ride with flow using my turns on blue runs. I want to keep my flow in my turns when riding steeper black runs.

### Level 5

I can ski full parallel on all groomed runs. I want to develop high performance skiing and explore all mountain terrain.

I can ride with flow using my turns on all groomed runs. I want to develop high performance riding and explore all mountain terrain.

VIDEOS; <https://skinakiska.com/purchase/telus-winter-sports-school/ability-levels/>